



Tiger J. Taekwondo

Fall 2022 - Spring 2023 Schedule

	MON	TUE	WED	THUR	FRI	SAT																				
9:30 - 10:00						LITTLE TIGER																				
10:05 - 10:35	<table border="1"> <tr> <td>LITTLE TIGER AGES 3-5</td> <td>KIDS LEVEL CLASS AGES 6-12</td> <td>TEEN & ADULT AGES 13 & UP</td> <td colspan="2">JR. BLACK BELT BLACK BELT HOLDERS</td> </tr> </table>					LITTLE TIGER AGES 3-5	KIDS LEVEL CLASS AGES 6-12	TEEN & ADULT AGES 13 & UP	JR. BLACK BELT BLACK BELT HOLDERS		LITTLE TIGER															
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10:40 - 11:25	<table border="1"> <tr> <td>LEVEL 1</td> <td>LEVEL 2</td> <td>LEVEL 3</td> <td colspan="2">LEVEL 4</td> </tr> <tr> <td> WHITE</td> <td> YELLOW</td> <td> HIGH GREEN</td> <td colspan="2"> RED</td> </tr> <tr> <td> HIGH WHITE</td> <td> HIGH YELLOW</td> <td> BLUE</td> <td colspan="2"> HIGH RED</td> </tr> <tr> <td></td> <td> GREEN</td> <td> HIGH BLUE</td> <td colspan="2"> POOM</td> </tr> </table>					LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4		WHITE	YELLOW	HIGH GREEN	RED		HIGH WHITE	HIGH YELLOW	BLUE	HIGH RED			GREEN	HIGH BLUE	POOM		ALL LEVEL
LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4																							
WHITE	YELLOW	HIGH GREEN	RED																							
HIGH WHITE	HIGH YELLOW	BLUE	HIGH RED																							
	GREEN	HIGH BLUE	POOM																							
11:30 - 12:15						ALL-LEVEL SPARRING																				
12:20 - 1:05						TEEN & ADULT																				
3:15 - 4:00	LEVEL 1&2	LEVEL 3&4	LEVEL 1&2	ALL LEVEL	BLACK BELT CLUB																					
4:05 - 4:35	LITTLE TIGER	LITTLE TIGER	LITTLE TIGER	LITTLE TIGER	LITTLE TIGER																					
4:40 - 5:10	LITTLE TIGER	LITTLE TIGER	LITTLE TIGER	LITTLE TIGER	ALL LEVEL (4:40-5:25)																					
5:15 - 6:00	LEVEL 3&4	LEVEL 1&2	ALL LEVEL	BASIC SPARRING	JR. BLACK BELT (5:30-6:15)																					
6:05 - 6:50	ALL LEVEL	JR. BLACK BELT	LEVEL 3&4	ADVANCED SPARRING	LEADERSHIP TEAM (6:20-6:50)																					
7:00 - 7:45	TEEN & ADULT	TEEN & ADULT	TEEN & ADULT	TEEN & ADULT SPARRING	DEMO TEAM (6:55-7:30)																					

*SCHEDULE IS SUBJECT TO CHANGE UNDER CERTAIN CIRCUMSTANCES.

MUST SIGN-UP FOR EACH CLASS

- *SIGN-UP STARTS @6PM THE DAY BEFORE THE CLASS
- *GO TO WWW.SIGNUPGENIUS.COM/FINDASIGNUP
- *OR DOWNLOAD SIGNUPGENIUS APP



USE OUR E-MAIL TO SEARCH FOR A SIGN-UP

TIGERJTKD@GMAIL.COM